

## Munich – Allergen list



Please ensure you inform a team member of your allergen needs ahead of ordering. This will allow us to take every precaution, in our kitchen, to handle your allergen needs correctly and prevent cross contamination.

The Allergy data has been collected and derived from the specifications obtained from our suppliers. This information is specific to the MAJOR 14 allergens:



This data is provided to allow you to make an informed choice.

Some of our dishes ‘*may*’ be modified to help remove an allergen, or ingredient, but this is not always the case. If you need help choosing a dish please speak to one of our managers.

*\*Please note that due to the nature of cooking, our deep fried products cannot be guaranteed to be free from cross contamination with other allergens. If you are unsure which of our products go through the deep fryer please ask a member of our staff.*

# Munich – Allergen list



<b><u>Starters &amp; Shareable:</u></b>	<b>Celery</b>	<b>Eggs</b>	<b>Fish</b>	<b>Cereal cont. Gluten</b>	<b>Lupin</b>	<b>Milk</b>	<b>Molluscs</b>	<b>Mustard</b>	<b>Peanuts</b>	<b>Sesame</b>	<b>Shellfish</b>	<b>Soy</b>	<b>Sulphur Dioxide</b>	<b>Tree Nuts</b>
Hard Rock Nachos	Y			B		Y							Y	
Hard Rock Nachos w/ grilled chicken	Y			B		Y							Y	
Hard Rock Nachos w/ grilled beef	Y			B/W		Y						Y	Y	
One Night in Bangkok Spicy Shrimp™	Y	Y		B/W		Y		Y			Y	Y	Y	
Smoked Chicken Wings - Classic	Y	Y				Y		Y					Y	
Smoked Chicken Wings – Hickory BBQ	Y	Y				Y		Y					Y	
Smoked Chicken Wings – Tangy sauce	Y	Y				Y		Y					Y	
Boneless Wings - Classic buffalo	Y	Y		W		Y		Y					Y	
Boneless Wings – Hickory BBQ	Y	Y		W		Y		Y					Y	
Boneless Wings – Tangy sauce	Y	Y		W		Y		Y					Y	

\*Cereal cont. Gluten. **B** = Barley. **W** = Wheat.

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<u>Starters &amp; Shareable</u>	Celery	Eggs	Fish	Cereal cont. Gluten	Lupin	Milk	Molluscs	Mustard	Peanuts	Sesame	Shellfish	Soy	Sulphur Dioxide	Tree Nuts
All-American Sliders	Y	Y		W		Y		Y				Y	Y	M/C
Tomato Bruschetta				W		Y							Y	M/C

\*Cereal cont. Gluten. **W** = Wheat. / **MC** = May contain

# Munich – Allergen list



<u>Legendary Burgers</u>	Celery	Eggs	Fish	Cereal cont. Gluten	Lupin	Milk	Molluscs	Mustard	Peanuts	Sesame	Shellfish	Soy	Sulphur Dioxide	Tree Nuts
Original Legendary Burger with Fries (L)		Y		R/W		Y								M/C
BBQ Bacon Cheeseburger with Fries (L)	Y	Y		R/W		Y		Y					Y	M/C
The Big Cheeseburger with Fries* (L)		Y		R/W		Y								M/C
The Double Decker Cheeseburger with Fries		Y		R/W		Y		Y						M/C
Moving Mountains Burger with Fries				B/O/R/W		Y						Y		M/C
Surf n' Turf burger with Fries (L)	Y	Y		B/R/W		Y		Y			Y	Y	Y	M/C
Country Burger & Fries (L)		Y		R/W		Y		Y				Y	Y	M/C
Swiss Mushroom Burger & Fries (L)		Y		R/W		Y		Y				Y		M/C
Spicy Diablo Burger & Fries (L)		Y		R/W		Y						Y	Y	M/C

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# Munich – Allergen list



<u>Sandwiches</u>	Celery	Eggs	Fish	Cereal cont. Gluten	Lupin	Milk	Molluscs	Mustard	Peanuts	Sesame	Shellfish	Soy	Sulphur Dioxide	Tree Nuts
Honey Mustard Grilled Chicken Sandwich	Y	Y		R/W		Y		Y					Y	M/C
BBQ Pulled Pork Sandwich	Y	Y		R/W		Y		Y					Y	M/C
Crispy Chicken Sandwich	Y	Y		R/W		Y		Y						M/C
Buffalo Crispy Chicken Sandwich	Y	Y		R/W		Y		Y						M/C
<u>Burger Subs</u>	Celery	Eggs	Fish	Cereal cont. Gluten	Lupin	Milk	Molluscs	Mustard	Peanuts	Sesame	Shellfish	Soy	Sulphur Dioxide	Tree Nuts
Onion Rings (no sauces)				W										
Bacon														
Cheese & Bacon Fries		Y				Y		Y						

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<u>Salads</u>	Celery	Eggs	Fish	Cereal cont. Gluten	Lupin	Milk	Molluscs	Mustard	Peanuts	Sesame	Shellfish	Soy	Sulphur Dioxide	Tree Nuts
Chicken Caesar Salad	Y	Y	Y	B/W		Y		Y	MC				Y	M/C
Steak Salad				B/W		Y		Y				Y	Y	
Asian Noodle Bowl w/Salmon (L)		Y	Y	W						Y		Y	Y	
Asian Noodle Bowl w/Chicken (L)	Y	Y		W						Y		Y	Y	
Asian Noodle Bowl w/Beef (L)		Y		B/W						Y		Y	Y	
Southwest Chicken Bowl w/Chicken	Y	Y				Y		Y					Y	
Southwest Chicken Bowl w/Beef	Y	Y				Y		Y				Y	Y	
Side Caesar Salad		Y	Y	B/W		Y		Y	MC				Y	M/C
Side House Salad (NO dressing)				W		Y								

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# Munich – Allergen list



<u>Salad Dressings</u>	Celery	Eggs	Fish	Cereal cont. Gluten	Lupin	Milk	Molluscs	Mustard	Peanuts	Sesame	Shellfish	Soy	Sulphur Dioxide	Tree Nuts
Blue Cheese Dressing		Y				Y		Y						
Caesar Dressing		Y	Y	B		Y		Y	MC				Y	M/C
Honey Mustard Dressing		Y						Y						
Oil & Vinegar													Y	
Blue Cheese Vinaigrette						Y		Y					Y	
Guacamole Ranch Dressing		Y				Y		Y					Y	
Sesame Soy Dressing				W						Y		Y	Y	
Ranch Dressing		Y				Y		Y				Y	Y	

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<u>Speciality Entrees</u>	Celery	Eggs	Fish	Cereal cont. Gluten	Lupin	Milk	Molluscs	Mustard	Peanuts	Sesame	Shellfish	Soy	Sulphur Dioxide	Tree Nuts
Hickory Smoked Ribs	Y	Y						Y					Y	
Rib Eye Steak	Y					Y							Y	
NY Strip Steak	Y					Y							Y	
Famous Chicken Fajitas (with set)	Y			W		Y						Y		
Famous Beef OR Veg Fajitas (with Set)				W		Y						Y		
Twisted Mac, Chicken and Cheese	Y			W		Y			M/C					M/C
BBQ Chicken	Y	Y						Y					Y	
Smokehouse BBQ Duo – Ribs & Chick	Y	Y						Y					Y	
Smokehouse BBQ Duo – Chick & Pork	Y	Y		W				Y					Y	
Smokehouse BBQ Duo – Ribs & Pork	Y	Y		W				Y					Y	
Cedar Plank Salmon	Y		Y			Y		Y					Y	
Tupelo Chicken Tenders		Y		W		Y		Y					Y	

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<u>Subs &amp; Side Items</u>	Celery	Eggs	Fish	Cereal cont. Gluten	Lupin	Milk	Molluscs	Mustard	Peanuts	Sesame	Shellfish	Soy	Sulphur Dioxide	Tree Nuts
Sub House Salad (no dressing)	Y			W		Y								
Sub Caesar Salad		Y	Y	B/W		Y		Y	MC				Y	MC
Side Twisted Mac and Cheese				W		Y								
Breaded Onion Ring (side)		Y		W		Y		Y				Y	Y	
Seasoned French Fries														
Side Golden Mashed Potatoes						Y								
Side Guacamole														
Side Cheese & Bacon Fries		Y				Y		Y						

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<u>Kids Meals</u>	Celery	Eggs	Fish	Cereal cont. Gluten	Lupin	Milk	Molluscs	Mustard	Peanuts	Sesame	Shellfish	Soy	Sulphur Dioxide	Tree Nuts
Kids Hot Dog (L)	Y	Y		R/W										M/C
Messi Kids Burger (L)	Y	Y		R/W		Y		Y						M/C
Messi Kids Golden Chicken Sandwich (L)	Y	Y		R/W		Y		Y						M/C
Kids Bacon Cheeseburger (L)	Y	Y		R/W		Y								M/C
Kids Chicken Breast	Y					Y							Y	
Twisted 'N Tasty Cavatappi Pasta	Y			W		Y								M/C
Kids Mac & Cheese	Y			W		Y								M/C
Kids Grilled Chicken House Salad	Y					Y								
Kids Chicken Tenders	Y	Y		W				Y					Y	
Seasonal Vegetables	Y					Y							Y	
Golden Mash						Y								
Fries or Fruit side kick														

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<u>Desserts &amp; Kids Desserts</u>	Celery	Eggs	Fish	Cereal cont. Gluten	Lupin	Milk	Molluscs	Mustard	Peanuts	Sesame	Shellfish	Soy	Sulphur Dioxide	Tree Nuts
Hot Fudge Brownie		Y		W		Y						Y	Y	
Apple Cobbler		Y		W		Y								
Hot Fudge Sundae		Y				Y							Y	
Ice Cream, Chocolate		Y				Y								
Ice Cream, Vanilla		Y				Y								
Classic Cheesecake (Strawberry)		Y		W		Y						Y		
Classic Shake		Y				Y								
Roxtar's Thick Chocolate Shake		Y				Y								
Kids Hot Fudge Sundae		Y				Y							Y	
Cola Float		Y				Y								
Roxtar's Thick Vanilla Shake with Oreo Cookies		Y		W		Y						Y		

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<u>Messi Menu</u>	Celery	Eggs	Fish	Cereal cont. Gluten	Lupin	Milk	Molluscs	Mustard	Peanuts	Sesame	Shellfish	Soy	Sulphur Dioxide	Tree Nuts
MESSI BURGER (NO EGG)		Y		R/W		Y		Y				Y		M/C
MESSI CHICKEN MILANESA		Y		R/W		Y		Y						M/C

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# International Women's Month – Allergen list



<u>LTO Menu</u>	Celery	Eggs	Fish	Cereal cont. Gluten	Lupin	Milk	Molluscs	Mustard	Peanuts	Sesame	Shellfish	Soy	Sulphur Dioxide	Tree Nuts
Berry Salad		Y				Y		Y					Y	Y
Spring Pasta				Y-W		Y								
Mahi Sandwich	Y	Y	Y	Y-W		Y		Y					Y	M/C
Coconut Almond Sundae		Y		Y-W		Y							M/C	Y
Run the World		Y											Y	
Pink Lace Margarita														Y

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<u>Local Menu</u>	Celery	Eggs	Fish	Cereal cont. Gluten	Lupin	Milk	Molluscs	Mustard	Peanuts	Sesame	Shellfish	Soy	Sulphur Dioxide	Tree Nuts
PRETZEL PLATE				<b>B/W</b>		<b>Y</b>								
LEBERKASE SANDWICH		<b>Y</b>		<b>B/W</b>		<b>M/C</b>		<b>Y</b>		<b>Y</b>				
BLACK FOREST GATEAU		<b>Y</b>		<b>B/W</b>		<b>Y</b>			<b>M/C</b>			<b>Y</b>		<b>M/C</b>

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<u>Cocktails</u>	Celery	Eggs	Fish	Cereal cont. Gluten	Lupin	Milk	Molluscs	Mustard	Peanuts	Sesame	Shellfish	Soy	Sulphur Dioxide	Tree Nuts
Hurricane													Y	
Classic Caribbean Mojito													Y	
Passion Fruit Mai Tai													Y	A
Rhythm & Rose Mule													Y	
Bahama Mama													Y	C
Smoked Old Fashioned													Y	
Paloma														
Dirty Martini													Y	
Cosmopolitan													Y	
Whiskey Sour		Y												
Gin and Tonic														

\* A = Almond

\* C = Coconut







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<u>Local Beer</u>	Celery	Eggs	Fish	Cereal cont. Gluten	Lupin	Milk	Molluscs	Mustard	Peanuts	Sesame	Shellfish	Soy	Sulphur Dioxide	Tree Nuts
Ayinger Helles				<b>B</b>										
Ayinger Dunkel				<b>B</b>										
Ayinger Pilsner				<b>B</b>										
Ayinger Weissbier				<b>B/W</b>										
Corona				<b>B</b>										
Ayinger Celebrator Munich Stout				<b>B</b>										
Clausthaler Alcohol Frei				<b>B</b>										
Lammsbrau Gluten Frei				<b>B</b>										
Ayinger Urweisse				<b>B/W</b>										
Ayinger Keller				<b>B</b>										
Erdinger Weissbier Alcohol Frei				<b>B/W</b>										

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<u>Local Wine</u>	Celery	Eggs	Fish	Cereal cont. Gluten	Lupin	Milk	Molluscs	Mustard	Peanuts	Sesame	Shellfish	Soy	Sulphur Dioxide	Tree Nuts
Scavy Ray Prosecco													Y	
Madregale Terre di Chieti Bianco													Y	
Terre di Chieti Chardonnay													Y	
Mumm Grand Cordon													Y	
Emil Bauer Grauburgunder													Y	
Audimax Studier Riesling													Y	
Gerard Bertrand Naturalys Chardonnay													Y	
Stadler Rose													Y	
Hampton Water Rose													Y	

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Aulone San Giorgio Primitivo													Y	
Madregale Terre di Chieti Rosso													Y	
Domaine De La Baume Merlot													Y	
Palmberg													Y	
Gerard Bertrand Naturalys Merlot													Y	

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<u>Soft Drinks</u>	Celery	Eggs	Fish	Cereal cont. Gluten	Lupin	Milk	Molluscs	Mustard	Peanuts	Sesame	Shellfish	Soy	Sulphur Dioxide	Tree Nuts
Americano coffee														
Cappucino						Y								
Latte						Y								
Black Tea														
Hot Chocolate						Y								
Draught sodas														

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