

Manchester – Allergen list



Please ensure you inform a team member of your allergen needs ahead of ordering. This will allow us to take every precaution, in our kitchen, to handle your allergen needs correctly and prevent cross contamination.

The Allergy data has been collected and derived from the specifications obtained from our suppliers. This information is specific to the MAJOR 14 allergens:



This data is provided to allow you to make an informed choice.

Some of our dishes *'may'* be modified to help remove an allergen, or ingredient, but this is not always the case. If you need help choosing a dish please speak to one of our managers.

**Please note that due to the nature of cooking our deep fried products cannot be guaranteed to be free from cross contamination with other allergens. If you are unsure which of our products go through the deep fryer please ask a member of our staff.*

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<u>Starters & Shareable:</u>	Celery	Eggs	Fish	Cereal cont. Gluten	Lupin	Milk	Molluscs	Mustard	Peanuts	Sesame	Shellfish	Soy	Sulphur Dioxide	Tree Nuts
Hard Rock Nachos	Y			B		Y						Y	Y	
Hard Rock Nachos w/ grilled chicken	Y			B		Y						Y	Y	
Hard Rock Nachos w/ grilled beef	Y			B/W		Y						Y	Y	
One Night in Bangkok Spicy Shrimp™		Y		B/W		Y		Y			Y	Y	Y	Y
Smoked Chicken Wings - Classic	Y	Y				Y		Y				Y	Y	
Smoked Chicken Wings – Hickory BBQ	Y	Y				Y		Y				Y	Y	
Smoked Chicken Wings – Tangy sauce	Y	Y				Y		Y				Y	Y	
Boneless Wings - Classic buffalo	Y	Y		W		Y		Y				Y	Y	
Boneless Wings – Hickory BBQ	Y	Y		W		Y		Y				Y	Y	
Boneless Wings – Tangy sauce	Y	Y		W		Y		Y				Y	Y	

*Cereal cont. Gluten. **B** = Barley. **R** = Rye. **W** = Wheat.

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<u>Starters & Shareable (cont)....</u>	Celery	Eggs	Fish	Cereal cont. Gluten	Lupin	Milk	Molluscs	Mustard	Peanuts	Sesame	Shellfish	Soy	Sulphur Dioxide	Tree Nuts
Loaded Tater tots	Y			M		Y		Y				Y	M/C	
Margarita Flatbread				W		Y								
Pepperoni Flatbread				W		Y								
Little Legends		Y		W		Y		Y				Y	Y	
Pretzel		Y		W		Y		Y					Y	
Chicken Sliders		Y		W		Y		Y				Y	M/C	

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<u>Legendary Burgers</u>	Celery	Eggs	Fish	Cereal cont. Gluten	Lupin	Milk	Molluscs	Mustard	Peanuts	Sesame	Shellfish	Soy	Sulphur Dioxide	Tree Nuts
Original Legendary Burger with Fries		Y		W		Y						Y	Y	
BBQ Bacon Cheeseburger with Fries	Y	Y		W		Y		Y				Y	Y	
The Big Cheeseburger with Fries*		Y		W		Y		Y				Y		
The Double Decker Cheeseburger with Fries		Y		W		Y		Y				Y		
Moving Mountains Burger with Fries		Y		B/W/O		Y						Y		
Surf n' Turf burger with Fries	Y	Y		B/W		Y		Y			Y	Y	Y	
Country Burger & Fries	Y	Y		B/W		Y		Y				Y	Y	
Swiss Mushroom Burger & Fries		Y		W		Y		Y				Y		
Spicy Diablo Burger & Fries		Y		W		Y						Y	Y	

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<u>Sandwiches</u>	Celery	Eggs	Fish	Cereal cont. Gluten	Lupin	Milk	Molluscs	Mustard	Peanuts	Sesame	Shellfish	Soy	Sulphur Dioxide	Tree Nuts
Honey Mustard Grilled Chicken Sandwich	Y	Y		W		Y		Y				Y	Y	
BBQ Pulled Pork Sandwich	Y	Y		W		Y		Y				Y	Y	
Crispy Chicken Sandwich	Y	Y		W		Y		Y				Y		
Buffalo Crispy Chicken Sandwich	Y	Y		W		Y		Y				Y		
<u>Burger Subs</u>	Celery	Eggs	Fish	Cereal cont. Gluten	Lupin	Milk	Molluscs	Mustard	Peanuts	Sesame	Shellfish	Soy	Sulphur Dioxide	Tree Nuts
Onion Rings (no sauces)				W								Y		Y
Bacon														
Cheese & Bacon Fries		Y				Y		Y				Y		

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<u>Salads</u>	Celery	Eggs	Fish	Cereal cont. Gluten	Lupin	Milk	Molluscs	Mustard	Peanuts	Sesame	Shellfish	Soy	Sulphur Dioxide	Tree Nuts
Chicken Caesar Salad	Y	Y	Y	B/W		Y		Y	M/C				Y	M/C
Steak Salad				B/W		Y		Y				Y	Y	
Asian Noodle Bowl w/Salmon			Y	W						Y		Y	Y	
Asian Noodle Bowl w/Chicken	Y			W						Y		Y	Y	
Asian Noodle Bowl w/Beef				B/W						Y		Y	Y	
Southwest Chicken Bowl w/Chicken	Y	Y				Y		Y					Y	
Southwest Chicken Bowl w/Beef	Y	Y				Y		Y					Y	
Side Caesar Salad		Y	Y	B/W		Y		Y	M/C				Y	M/C
Side House Salad (NO dressing)				W		Y								

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<u>Salad Dressings</u>	Celery	Eggs	Fish	Cereal cont. Gluten	Lupin	Milk	Molluscs	Mustard	Peanuts	Sesame	Shellfish	Soy	Sulphur Dioxide	Tree Nuts
Blue Cheese Dressing		Y				Y		Y						
Caesar Dressing		Y	Y			Y		Y	M/C				Y	M/C
Honey Mustard Dressing		Y						Y						
Oil & Vinegar													Y	
Blue Cheese Vinaigrette						Y		Y					Y	
Guacamole Ranch Dressing		Y				Y		Y					Y	
Sesame Soy Dressing				W						Y		Y	Y	
Ranch Dressing		Y				Y		Y				Y	Y	

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<u>Speciality Entrees</u>	Celery	Eggs	Fish	Cereal cont. Gluten	Lupin	Milk	Molluscs	Mustard	Peanuts	Sesame	Shellfish	Soy	Sulphur Dioxide	Tree Nuts
Hickory Smoked Ribs	Y	Y						Y				Y	Y	
Rib Eye Steak	Y					Y							Y	
NY Strip Steak	Y					Y							Y	
Famous Chicken Fajitas (with set)	Y			W		Y						Y		
Famous Beef OR Veg Fajitas (with Set)	Y			W		Y						Y		
Twisted Mac, Chicken and Cheese	Y			W		Y						Y		
BBQ Chicken	Y	Y						Y				Y	Y	
Smokehouse BBQ Duo – Ribs & Chick	Y	Y						Y				Y	Y	
Smokehouse BBQ Duo – Chick & Pork	Y	Y		W				Y				Y	Y	
Smokehouse BBQ Duo – Ribs & Pork	Y	Y		W				Y				Y	Y	
Cedar Plank Salmon	Y		Y			Y		Y				Y	Y	
Tupelo Chicken Tenders	Y	Y		W		Y		Y				Y	Y	

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<u>LTO Menu</u>	Celery	Eggs	Fish	Cereal cont. Gluten	Lupin	Milk	Molluscs	Mustard	Peanuts	Sesame	Shellfish	Soy	Sulphur Dioxide	Tree Nuts
Messi Chicken Sandwich		Y		Y		Y		Y				Y		
Messi Burger	Y	Y		Y		Y		Y				Y	Y	

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<u>Subs & Side Items</u>	Celery	Eggs	Fish	Cereal cont. Gluten	Lupin	Milk	Molluscs	Mustard	Peanuts	Sesame	Shellfish	Soy	Sulphur Dioxide	Tree Nuts
Sub House Salad (no dressing)	Y					Y								
Sub Caesar Salad		Y	Y	B/W		Y		Y					Y	
Side Twisted Mac and Cheese	Y			W		Y						Y		
Breaded Onion Ring (side)	Y	Y		W		Y		Y				Y	Y	
Seasoned French Fries												Y		
Side Golden Mashed Potatoes						Y								
Side Guacamole														
Side Cheese & Bacon Fries		Y				Y		Y				Y		

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<u>Kids Meals</u>	Celery	Eggs	Fish	Cereal cont. Gluten	Lupin	Milk	Molluscs	Mustard	Peanuts	Sesame	Shellfish	Soy	Sulphur Dioxide	Tree Nuts
Kids Hot Dog	Y			W		Y						Y		
Kids Bacon Cheese Burger	Y			W		Y						Y		
Kids Chicken Tenders	Y	Y		W		Y		Y				Y	Y	
Kids Grilled Chicken Breast	Y					Y						Y		
Kids Mac and Cheese	Y			W		Y						Y		
Kids Pasta & Marinara Sauce	Y			W		Y						Y		
Kids Grilled Chicken House Salad	Y					Y								
Messi's Burger	Y	Y		W		Y		Y				Y		
Messi Golden Chicken Sandwich	Y	Y		W		Y		Y				Y		
Kids Hot Fudge Sundae		Y				Y							Y	
Seasonal Vegetables	Y					Y								
Fresh Fruit														
Golden Mash						Y								
Fries												Y		

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Messi Golden Vegetarian Chicken Sandwich	Y	Y		Y-W		Y		Y				Y		
Messi X Vegetarian Kids Cheeseburger	Y	Y		Y-W/B		Y		Y				Y		
Messi Pizza				Y-W		Y						Y		
Messi Pepperoni Pizza				Y-W		Y						Y		
Kid's Vegetarian Grilled Chicken Breast	Y			Y-W		Y						Y		
Kid's Vegetarian Chicken Salad				Y-W		Y								
Kid's Vegetarian Chicken Tenders	Y	Y		Y-W		Y		Y				Y	Y	

Y

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<u>Desserts & Kids Desserts</u>	Celery	Eggs	Fish	Cereal cont. Gluten	Lupin	Milk	Molluscs	Mustard	Peanuts	Sesame	Shellfish	Soy	Sulphur Dioxide	Tree Nuts
Hot Fudge Brownie		Y		W		Y						Y	Y	
Apple Cobbler		Y		W		Y								
Hot Fudge Sundae		Y				Y							Y	
Ice Cream, Chocolate		Y				Y								
Ice Cream, Vanilla		Y				Y								
Classic Cheesecake (Strawberry)		Y		W		Y						Y		
Classic Shake		Y				Y								
Roxtar's Thick Chocolate Shake		Y				Y								
Kids Hot Fudge Sundae		Y				Y							Y	
Cola Float		Y				Y								
Roxtar's Thick Vanilla Shake with Oreo Cookies		Y		W		Y						Y		

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<u>Cocktails</u>	Celery	Eggs	Fish	Cereal cont. Gluten	Lupin	Milk	Molluscs	Mustard	Peanuts	Sesame	Shellfish	Soy	Sulphur Dioxide	Tree Nuts
Hurricane													Y	
Classic Caribbean Mojito													Y	
Passion Fruit Mai Tai													Y	Y
Rhythm & Rose Mule													Y	
Bahama Mama													Y	Y
Smoked Old Fashioned													Y	
Paloma														
Dirty Martini													Y	
Cosmopolitan													Y	
Whiskey Sour		Y												
Gin and Tonic														

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<u>Cocktails (cont).....</u>	Celery	Eggs	Fish	Cereal cont. Gluten	Lupin	Milk	Molluscs	Mustard	Peanuts	Sesame	Shellfish	Soy	Sulphur Dioxide	Tree Nuts
Espresso Martini						Y							Y	
Manhattan													Y	
Southern Rock													Y	
Rockin' Fresh Rita	Y													
Tropical Margarita													Y	
Electric Blues		Y											Y	
Blackberry Sparkling Sangria													Y	
Purple Haze													Y	
Ultimate Long Island Ice Tea													Y	
B52						Y								
Green Tea													Y	

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<u>Cocktails (cont).....</u>	Celery	Eggs	Fish	Cereal cont. Gluten	Lupin	Milk	Molluscs	Mustard	Peanuts	Sesame	Shellfish	Soy	Sulphur Dioxide	Tree Nuts
Cran-A-Kaze													Y	
Lemon Drop													Y	
Bubblegum						Y								
Strawberry Basil Lemonade													Y	
Mango Tango		Y											Y	
Mango Berry Cooler													Y	

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<u>Local Beer & Wine</u>	Celery	Eggs	Fish	Cereal cont. Gluten	Lupin	Milk	Molluscs	Mustard	Peanuts	Sesame	Shellfish	Soy	Sulphur Dioxide	Tree Nuts
Seven Bros Honeycomb				B/W										
Seven Bros Chocolate Stout				B/W										
Seven Bros Passionfruit				B/W										
All Red Wines													Y	
All White Wines													Y	
Champagnes & Sparkling Wines													Y	

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<u>Soft Drinks</u>	Celery	Eggs	Fish	Cereal cont. Gluten	Lupin	Milk	Molluscs	Mustard	Peanuts	Sesame	Shellfish	Soy	Sulphur Dioxide	Tree Nuts
Coke 330ml Bottle													Y	
Fanta													Y	
Sprite													Y	
Diet Coke													Y	
Coke Zero													Y	

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