

# 'IWM' – Allergen list



Please ensure you inform a team member of your allergen needs ahead of ordering. This will allow us to take every precaution, in our kitchen, to handle your allergen needs correctly and prevent cross contamination.

The Allergy data has been collected and derived from the specifications obtained from our suppliers. This information is specific to the MAJOR 14 allergens:



This data is provided to allow you to make an informed choice.

Some of our dishes *'may'* be modified to help remove an allergen, or ingredient, but this is not always the case. If you need help choosing a dish please speak to one of our managers.

*\*Please note that due to the nature of cooking, our deep fried products cannot be guaranteed to be free from cross contamination with other allergens. If you are unsure which of our products go through the deep fryer please ask a member of our staff.*

# 'IWM' – Allergen list



<u>Starters &amp; Shareable:</u>	Celery	Eggs	Fish	Cereal cont. Gluten	Lupin	Milk	Molluscs	Mustard	Peanuts	Sesame	Shellfish	Soy	Sulphur Dioxide	Tree Nuts
Berry Salad		Y				Y		Y					Y	Y
Spring Pasta				Y-W		Y								
Mahi Sandwich	Y	Y	Y	Y-W		Y		Y					Y	
Coconut Almond Sundae		Y		Y-W		Y							M/C	Y
Run the World		Y											Y	
Pink Lace Margarita														Y

\*Cereal cont. Gluten. **B** = Barley. **O** = Oat **W** = Wheat. \***M/C** = May Contain