Hard Rock Cafe Menu Allergen Information

Allergy data detailed in the table has been derived from specifications obtained from the suppliers of the products.

Please ensure your server is informed of your allergy at time of order to ensure every precaution can be taken in our kitchen to prevent cross contamination.

Please note that due to the nature of cooking our deep fried products cannot be guaranteed to be free from cross contamination with other allergens.

If you are unsure which of our products go through the deep fryer please ask a member of our staff.

Updated February 2024

Hard Rock Cafe Menu Analysis Book

IWM 2024	Celery	Egg	Fish	Cereal including Gluten	Lupin	Milk	Molluscs	Mustard	Peanuts	Sesame Seeds	Shellfish	Soy	Sulphur Dioxide	Tree Nuts
Salt and pepper Wings	N	N	N	Y	N	N	N	N	N	N	N	Y	N	N
Soy Glaze	N	N	N	Y	N	N	N	N	N	N	N	Y	N	N
Seasoning Mix "MSG.FIVE SPICE,CRUSHED CHILLIS"	N	N	N	Y	N	N	N	N	N	N	N	N	N	N
Fried Kale	N	N	N	MC	N	N	N	N	N	N	N	N	N	N
Chilli	N	N	N	N	N	N	N	N	N	N	N	N	N	N
Korean Burger	N	Y	N	Y	N	Y	N	Y	N	Y	N	Y	MC	N
Vegan Bun	N	N	N	Y	N	N	N	N	N	N	N	N	N	N
Kewpie mayo	N	Y	N	N	N	N	N	N	N	N	N	N	MC	N
fried chicken breast 5oz	N	N	N	Y	N	Y	N	N	N	N	N	N	N	N
Korean sauce	N	N	N	Y	N	N	N	Y	N	Y	N	Y	N	N
seseme seeds	N	N	N	N	N	N	N	N	N	Y	N	N	N	N
Sliced Red and GREEN Chilli	N	N	N	N	N	N	N	N	N	N	N	N	N	N
Turkey Club sandwich	N	Y	N	Y	N	N	N	Y	N	N	N	N	MC	N
White Bread	N	N	N	Y	N	N	N	N	N	N	N	N	N	N
Honey Mustard	N	Y	N	N	N	N	N	Y	N	N	N	N	MC	N
Lettuce	N	N	N	N	N	N	N	N	N	N	N	N	N	N
Tomato	N	N	N	N	N	N	N	N	N	N	N	N	N	N
Bacon	N	N	N	N	N	N	N	N	N	N	N	N	N	N
Cranberry sauce	N	N	N	N	N	N	N	N	N	N	N	N	N	N
Turkey	N	N	N	N	N	N	N	N	N	N	N	N	N	N
Fried Onions	N	N	N	Y	N	N	N	N	N	N	N	N	N	N
ROCKY ROAD	N	N	N	Y	N	Y	N	N	N	N	N	Y	N	N
Dark Choclate	N	N	N	N	N	N	N	N	N	N	N	N	N	N
Butter	N	N	N	N	N	Y	N	N	N	N	N	N	N	N
Maltesers	N	N	N	N	N	Y	N	N	N	N	N	Y	N	N
Diagestives	N	N	N	Y	N	N	N	N	N	N	N	N	N	N
Marshmellow	N	N	N	N	N	N	N	N	N	N	N	N	N	N