

LONDON OLD PARK LANE – Allergen list



Please ensure you inform a team member of your allergen needs ahead of ordering. This will allow us to take every precaution, in our kitchen, to handle your allergen needs correctly and prevent cross contamination.

The Allergy data has been collected and derived from the specifications obtained from our suppliers. This information is specific to the MAJOR 14 allergens:



Celery



Eggs



Fish



Cereal

Cont. Gluten



Lupin



Milk



Molluscs



Mustard



Peanuts



Sesame



Shellfish



Soy



Sulphur
Dioxide



Tree-nuts

This data is provided to allow you to make an informed choice.

Some of our dishes *'may'* be modified to help remove an allergen, or ingredient, but this is not always the case. If you need help choosing a dish please speak to one of our managers.

**Please note that due to the nature of cooking our deep fried products cannot be guaranteed to be free from cross contamination with other allergens. If you are unsure which of our products go through the deep fryer please ask a member of our staff.*

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| <u>Starters & Shareable:</u> | Celery | Eggs | Fish | Cereal cont. Gluten | Lupin | Milk | Molluscs | Mustard | Peanuts | Sesame | Shellfish | Soy | Sulphur Dioxide | Tree Nuts |
|---|--------|------|------|---------------------|-------|------|----------|---------|---------|--------|-----------|-----|-----------------|-----------|
| Hard Rock Nachos | | | | | | Y | | Y | | | | | Y | |
| HRC Nachos with Chicken | | | | | | Y | | Y | | | | | Y | |
| HRC Nachos with Beef | | | | Y-W | | Y | | Y | | | | Y | Y | |
| One Night in Bangkok Spicy Shrimp | | Y | | Y-W/B | | Y | | Y | | | Y | Y | Y | |
| Smoked Chicken Wings – Classic Sauce | Y | Y | | | | Y | | Y | | | | | Y | |
| Smoked Chicken Wings – BBQ Sauce | Y | Y | | | | Y | | Y | | | | | Y | |
| Smoked Chicken Wings – Tangy Sauce | Y | Y | | | | Y | | Y | | | | | Y | |
| Smoked Chicken Wings – Gochujang Sauce | Y | Y | M/C | Y-W | | Y | M/C | Y | | Y | | Y | Y | |
| Smoked Chicken Wings – Stardust | Y | Y | | | | Y | | Y | | | | | Y | |
| Breaded Tupelo Dippers (sauce NOT included) | Y | Y | | Y-W | | Y | | | | | | | Y | |

*Cereal cont. Gluten. **B** = Barley. **R** = Rye. **W** = Wheat.

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| <u>Legendary Burgers:</u> | Celery | Eggs | Fish | Cereal cont. Gluten | Lupin | Milk | Molluscs | Mustard | Peanuts | Sesame | Shellfish | Soy | Sulphur Dioxide | Tree Nuts |
|----------------------------------|--------|------|------|---------------------|-------|------|----------|---------|---------|--------|-----------|-----|-----------------|-----------|
| Original Legendary w/ Fries | Y | Y | | Y-W | | Y | | M/C | | | | Y | | |
| BBQ Bacon Cheeseburger w/ Fries | Y | | | Y-W | | Y | | Y | | | | Y | Y | |
| Moving Mountains Burger w/ Fries | Y | | | Y-W/B/R | | Y | | M/C | | | | Y | | |
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| <u>Smashed & Stacked Burgers:</u> | Celery | Eggs | Fish | Cereal cont. Gluten | Lupin | Milk | Molluscs | Mustard | Peanuts | Sesame | Shellfish | Soy | Sulphur Dioxide | Tree Nuts |
|--|--------|------|------|---------------------|-------|------|----------|---------|---------|--------|-----------|-----|-----------------|-----------|
| Classic Smash Burger w/ Fries | Y | Y | | Y-W | | Y | | Y | | | | Y | M/C | |
| Legendary Smash Burger w/ Fries | Y | Y | | Y-W | | Y | | Y | | | | Y | | |
| BBQ Bacon Cheese Smash Burger w/ Fries | Y | | | Y-W | | Y | | Y | | | | Y | Y | |
| Spicy Diablo Burger w/ Fries | Y | Y | | Y-W | | Y | | Y | | | | Y | Y | |
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| <u>Legendary Burger Subs & Upgrades:</u> | Celery | Eggs | Fish | Cereal cont. Gluten | Lupin | Milk | Molluscs | Mustard | Peanuts | Sesame | Shellfish | Soy | Sulphur Dioxide | Tree Nuts |
|--|--------|------|------|---------------------|-------|------|----------|---------|---------|--------|-----------|-----|-----------------|-----------|
| Onion Rings | | | | Y-W | | | | M/C | | | | M/C | | |
| Bacon | | | | | | | | | | | | | | |
| Cheese & Bacon Fries | | Y | | | | Y | | Y | | | | | | |
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| <u>Sandwiches:</u> | Celery | Eggs | Fish | Cereal cont. Gluten | Lupin | Milk | Molluscs | Mustard | Peanuts | Sesame | Shellfish | Soy | Sulphur Dioxide | Tree Nuts |
|-----------------------------------|--------|------|------|---------------------|-------|------|----------|---------|---------|--------|-----------|-----|-----------------|-----------|
| Messi Chicken Sandwich w/ Fries | | Y | | Y-W | | Y | | Y | | | | Y | | |
| BBQ Pulled Pork Sandwich w/ Fries | Y | Y | | Y-W | | Y | | Y | | | | Y | Y | |
| Grilled Chicken Sandwich w/ Fries | Y | Y | | Y-W | | Y | | Y | | | | Y | M/C | |
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| <u>Salad Dressings & Fry Dips</u> | Celery | Eggs | Fish | Cereal cont. Gluten | Lupin | Milk | Molluscs | Mustard | Peanuts | Sesame | Shellfish | Soy | Sulphur Dioxide | Tree Nuts |
|---------------------------------------|--------|------|------|---------------------|-------|------|----------|---------|---------|--------|-----------|-----|-----------------|-----------|
| Caesar Salad | | Y | Y | Y-W/B | | Y | | Y | M/C | | | Y | Y | M/C |
| - With Chicken | | Y | Y | Y-W/B | | Y | | Y | M/C | | | Y | Y | M/C |
| - With Beef | | Y | Y | Y-W/B | | Y | | Y | M/C | | | Y | Y | M/C |
| - With Salmon | | Y | Y | Y-W/B | | Y | | Y | M/C | | | Y | Y | M/C |
| Cobb Salad | | Y | | Y-W | | Y | | Y | | | | | | |
| - With Chicken | | Y | | Y-W | | Y | | Y | | | | | | |
| - With Beef | | Y | | Y-W | | Y | | Y | | | | Y | Y | |
| - With Salmon | | Y | Y | Y-W | | Y | | Y | | | | | | |
| Southwestern Bowl | | Y | | | | Y | | Y | | | | | M/C | |
| - With Chicken | | Y | | | | Y | | Y | | | | | M/C | |
| - With Beef | | Y | | Y-W | | Y | | Y | | | | Y | M/C | |
| - With Salmon | | Y | Y | | | Y | | Y | | | | | M/C | |
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| <u>Salad Dressings & Fry Dips:</u> | Celery | Eggs | Fish | Cereal cont. Gluten | Lupin | Milk | Molluscs | Mustard | Peanuts | Sesame | Shellfish | Soy | Sulphur Dioxide | Tree Nuts |
|--|--------|------|------|---------------------|-------|------|----------|---------|---------|--------|-----------|-----|-----------------|-----------|
| Gochujang Sauce | Y | M/C | M/C | Y-W | | M/C | M/C | M/C | | N/C | | M/C | | |
| Blue Cheese Dressing | | Y | | | | Y | | Y | | | | | | |
| Caesar Dressing | | Y | Y | Y-B | | Y | | Y | M/C | | | Y | Y | M/C |
| Honey Mustard Dressing | | Y | | | | | | Y | | | | | | |
| Oil and Vinegar | | | | | | | | | | | | | Y | |
| Legendary Sauce | Y | Y | | | | | | Y | | | | Y | Y | |
| Spicy Mayonnaise | | Y | | | | | | Y | | | | | | |
| Herb Aioli | | Y | | | | | | Y | | | | | | |
| Buffalo Sauce | | | | | | | | | | | | | | |

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| <u>Salad Dressings & Fry Dips (cont):</u> | Celery | Eggs | Fish | Cereal cont. Gluten | Lupin | Milk | Molluscs | Mustard | Peanuts | Sesame | Shellfish | Soy | Sulphur Dioxide | Tree Nuts |
|---|--------|------|------|---------------------|-------|------|----------|---------|---------|--------|-----------|-----|-----------------|-----------|
| Signature BBQ Sauce | Y | | | | | | | Y | | | | | Y | |
| Garlic Aioli | | Y | | | | | | Y | | | | | | |
| Ranch Dressing | | Y | | | | Y | | Y | | | | | | |
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LONDON OLD PARK LANE – Allergen list



| <u>Speciality Entrees:</u> | Celery | Eggs | Fish | Cereal cont. Gluten | Lupin | Milk | Molluscs | Mustard | Peanuts | Sesame | Shellfish | Soy | Sulphur Dioxide | Tree Nuts |
|---|--------|------|------|---------------------|-------|------|----------|---------|---------|--------|-----------|-----|-----------------|-----------|
| Hickory Smoked Ribs w/ Fries | Y | Y | | M/C | | | | Y | | | | | Y | |
| NY Strip Steak | | | | Y | | Y | | M/C | | | | | | |
| Famous Fajitas w/ Chicken | | | | Y-W | | Y | | Y | | | | Y | M/C | |
| Famous Fajitas w/ Beef | | | | Y-W/B | | Y | | Y | | | | Y | M/C | |
| Famous Fajitas w/ Vegetables | | | | Y-W | | Y | | Y | | | | Y | M/C | |
| Fajitas Set | | | | Y-W | | Y | | | | | | | M/C | |
| Twisted Mac & Cheese | | | | Y-W | | Y | | Y | | | | | | |
| Hickory Smoked BBQ Chicken w/ Fries | Y | Y | | M/C | | | | Y | | | | | Y | |
| Smokehouse BBQ Duo – Ribs & Pork w/ Fries | Y | Y | | Y-W | | | | Y | | | | | Y | |

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LONDON OLD PARK LANE – Allergen list



| <u>Speciality Entrees (cont):</u> | Celery | Eggs | Fish | Cereal cont. Gluten | Lupin | Milk | Molluscs | Mustard | Peanuts | Sesame | Shellfish | Soy | Sulphur Dioxide | Tree Nuts |
|--|--------|------|------|---------------------|-------|------|----------|---------|---------|--------|-----------|-----|-----------------|-----------|
| Smokehouse BBQ Duo – Pork & Chicken w/ Fries | Y | Y | | Y-W | | | | Y | | | | | Y | |
| Smokehouse Trio Combo w/ Fries | Y | Y | | Y-W | | | | Y | | | | | Y | |
| Grilled Salmon w/ Mashed Potatoes | | | Y | | | Y | | Y | | | | Y | Y | |
| Grilled Salmon w/ Fries | | | Y | | | Y | | Y | | | | Y | Y | |
| Tupelo Chicken Tenders w/ Fries | Y | Y | | Y-W | | Y | | Y | | | | | Y | |
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| <u>Side Items:</u> | Celery | Eggs | Fish | Cereal cont. Gluten | Lupin | Milk | Molluscs | Mustard | Peanuts | Sesame | Shellfish | Soy | Sulphur Dioxide | Tree Nuts |
|---|--------|------|------|---------------------|-------|------|----------|---------|---------|--------|-----------|-----|-----------------|-----------|
| Sub/Side House Salad (no dressing) | | | | Y-W | | Y | | | | | | | | Y |
| Sub/Side Caesar Salad | | Y | Y | Y-B | | Y | | Y | M/C | | | Y | Y | M/C |
| ½ Rack BBQ Ribs | Y | | | | | | | Y | | | | | Y | |
| Seasoned French Fries | | | | | | | | | | | | | | |
| Side Twisted Mac & Cheese | | | | Y-W | | Y | | Y | | | | | | |
| Onion Ring (side) | | | | Y-W | | | | M/C | | | | M/C | | |
| Breaded Onion Ring Tower (full service) | Y | Y | | Y | | Y | | Y | | | | Y | Y | |
| Side Queso Cheese | | | | | | Y | | Y | | | | | | |

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LONDON OLD PARK LANE – Allergen list



| <u>Side Items (cont):</u> | Celery | Eggs | Fish | Cereal cont. Gluten | Lupin | Milk | Molluscs | Mustard | Peanuts | Sesame | Shellfish | Soy | Sulphur Dioxide | Tree Nuts |
|-----------------------------|--------|------|------|---------------------|-------|------|----------|---------|---------|--------|-----------|-----|-----------------|-----------|
| Side Golden Mashed Potatoes | | | | | | Y | | | | | | | | |
| Side Guacamole | | | | | | | | | | | | | | |
| Side Cheese & Bacon Fries | | Y | | | | Y | | Y | | | | | | |
| Fresh Seasonal Vegetables | | | | | | Y | | | | | | | | |
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| <u>Desserts & Beverages</u> | Celery | Eggs | Fish | Cereal cont. Gluten | Lupin | Milk | Molluscs | Mustard | Peanuts | Sesame | Shellfish | Soy | Sulphur Dioxide | Tree Nuts |
|---------------------------------|--------|------|------|---------------------|-------|------|----------|---------|---------|--------|-----------|-----|-----------------|-----------|
| Hot Fudge Brownie | | Y | | Y-W | | Y | | | | | | Y | | M/C |
| Seasonal Fruit Cobbler | | Y | | Y-W | | Y | | | | | | | | M/C |
| Classic Cheesecake | | Y | | Y-W | | Y | | | M/C | | | Y | | M/C |
| Hot Fudge Sundae | | Y | | | | Y | | | | | | Y | | M/C |
| Ice Cream, Chocolate | | Y | | | | Y | | | | | | | | M/C |
| Ice Cream, Vanilla | | Y | | | | Y | | | | | | | | M/C |
| Chocolate Cake | | Y | | | | Y | | | | | | | | M/C |
| Vanilla Shake | | Y | | | | Y | | | | | | | | M/C |
| Cappuccino | | | | | | Y | | | | | | | | |
| Espresso | | | | | | | | | | | | | | |
| Latte | | | | | | Y | | | | | | | | |

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LONDON OLD PARK LANE – Allergen list



| <u>Breakfast 2025</u> | Celery | Eggs | Fish | Cereal cont. Gluten | Lupin | Milk | Molluscs | Mustard | Peanuts | Sesame | Shellfish | Soy | Sulphur Dioxide | Tree Nuts |
|--------------------------|--------|------|------|---------------------|-------|------|----------|---------|---------|--------|-----------|-----|-----------------|-----------|
| Poached Egg, Avo & Toast | | Y | | Y-W | | | | | | | | | | |
| Smoked Salmon Bagel | | | | Y-W | | | | | | | | | M/C | |
| Full Breakfast | | Y | | Y-W | | Y | | | | | | | | |
| Buttermilk Pancake | | Y | | Y-W | | Y | | | | | | | | |
| Pancake, Berries & Cream | | Y | | Y-W | | Y | | | | | | | M/C | |
| Granola & Yoghurt Jar | | | | Y-W | | Y | | | | | | | | |
| Kids Full Breakfast | | Y | | Y-W | | Y | | | | | | | | |
| Kids Pancake | | Y | | Y-W | | Y | | | | | | | | |
| Kids Full Breakfast | | Y | | Y-W | | Y | | | | | | | | |
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LONDON OLD PARK LANE – Allergen list



| <u>Valentines and IWM 2026</u> | Celery | Eggs | Fish | Cereal cont. Gluten | Lupin | Milk | Molluscs | Mustard | Peanuts | Sesame | Shellfish | Soy | Sulphur Dioxide | Tree Nuts |
|--------------------------------|--------|------|------|---------------------|-------|------|----------|---------|---------|--------|-----------|-----|-----------------|-----------|
| Berry Sundae | | Y | | Y | | Y | | | | | | | | |
| Fab 4 combo | Y | Y | | Y | | Y | | Y | | | | M/C | Y | |
| Fattoush Chicken Caesar Salad | | Y | Y | Y | | Y | | Y | M/C | | | | Y | M/C |
| Mahi Sandwich | Y | Y | Y | Y | | Y | | M/C | | | | | M/C | |
| Dulce De Leche | | Y | | Y | | Y | | | | | | Y | | |
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| <u>Brunch 2026</u> | Celery | Eggs | Fish | Cereal cont. Gluten | Lupin | Milk | Molluscs | Mustard | Peanuts | Sesame | Shellfish | Soy | Sulphur Dioxide | Tree Nuts |
|----------------------------------|--------|------|------|---------------------|-------|------|----------|---------|---------|--------|-----------|-----|-----------------|-----------|
| Smashed Beef Hash w/ poached egg | | Y | Y | M/C-B/M | | Y | | Y | | | | | | |
| The Classic – Bacon and Eggs | | Y | | Y-W | | | | | | | | | | |
| Salmon and Quinoa Power Bowl | M/C | Y | Y | | | | | | | | | Y | M/C | |
| Chicken and Waffle | | Y | | Y-W | | Y | | | | | | | | M/C |
| Brunch Smash Burger | | Y | | Y-W | | Y | | Y | | | | | | M/C |
| Vegendary Hash | | Y | | | | | | M/C | | | | | | M/C |
| French Toast | | Y | | Y-W | | Y | | | | | | | | |
| Poached Egg w/ Avocado | | Y | | Y-W | | | | | | | | | | |
| Kids Belgian Waffle | | Y | | Y-W | | Y | | | | | | | | |
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