

Please ensure you inform a team member of your allergen needs ahead of ordering. This will allow us to take every precaution, in our kitchen, to handle your allergen needs correctly and prevent cross contamination.

The Allergy data has been collected and derived from the specifications obtained from our suppliers. This information is specific to the MAJOR 14 allergens:



This data is provided to allow you to make an informed choice.

Some of our dishes 'may' be modified to help remove an allergen, or ingredient, but this is not always the case. If you need help choosing a dish please speak to one of our managers.

<sup>\*</sup>Please note that due to the nature of cooking, our deep fried products cannot be guaranteed to be free from cross contamination with other allergens. If you are unsure which of our products go through the deep fryer please ask a member of our staff.





















Starters & Shareable:	Celery	Eggs	Fish	Cereal cont. Gluten	Lupin	Milk	Molluscs	Mustard	Peanuts	Sesame	Shellfish	Soy	Sulphur Dioxide	Tree Nuts
Legendary Nachos				M/C		Y		Y				Υ	Υ	
Legendary Nachos w/ grilled chicken				M/C		Y		Y				Y	Y	
Legendary Nachos w/ grilled beef				W		Υ		Υ				Y	Y	
One Night in Bangkok Spicy Shrimp™		Y		B/W		Υ		Υ			Y	Y	Y	
Smoked Chicken Wings - Classic	Υ	Y				Υ		Y				M/C	Y	
Smoked Chicken Wings – Hickory BBQ	Υ	Y				Υ		Υ				M/C	Υ	
Smoked Chicken Wings – Tangy sauce	Υ	Y				Y		Y				M/C	Y	
Margarita Flatbread				W		Υ								
Pepperoni Flatbread				W		Y								
Tupelo Dippers	Υ	Y		W		Y								

\*Cereal cont. Gluten.  $\mathbf{B}$  = Barley,  $\mathbf{W}$  = Wheat,  $\mathbf{R}$  = Rye,  $\mathbf{O}$  = Oats.  $\mathbf{M/C}$  = May contain.





Starters & Shareable:	Celery	Eggs	Fish	Cereal cont. Gluten	Lupin	Milk	Molluscs	Mustard	Peanuts	Sesame	Shellfish	Soy	Sulphur Dioxide	Tree Nuts
Chicken Sliders		Υ		B/W				Υ				Y	Y	

<sup>\*</sup>Cereal cont. Gluten. **B** = Barley, **W** = Wheat, **R** = Rye, **O** = Oats. **M/C** = May contain.













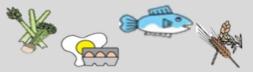




		ann	J	, \										
Legendary Burgers	Celery	Eggs	Fish	Cereal cont. Gluten	Lupin	Milk	Molluscs	Mustard	Peanuts	Sesame	Shellfish	Soy	Sulphur Dioxide	Tree Nuts
Original Legendary Burger with Fries				B/W		Y		M/C				M/C		
BBQ Bacon Cheeseburger with Fries	Υ			B/W		Y		Y				M/C	Y	
Moving Mountains Burger with Fries		Υ		B/W/O		Y		M/C				Υ	Υ	
Surf n' Turf burger with Fries		Υ		B/W		Υ		Y			Y	Y	Y	

<sup>\*</sup>Cereal cont. Gluten.  $\mathbf{B}$  = Barley,  $\mathbf{W}$  = Wheat,  $\mathbf{R}$  = Rye,  $\mathbf{O}$  = Oats.  $\mathbf{M/C}$  = May contain.

















(	9	

		ممہ	,	, ,										-
Smashed & Stacked Burgers	Celery	Eggs	Fish	Cereal cont. Gluten	Lupin	Milk	Molluscs	Mustard	Peanuts	Sesame	Shellfish	Soy	Sulphur Dioxide	Tree Nuts
Classic Smash Burger with Fries	Υ	Y		B/W		Y		Υ				Y	Y	
Swiss Mushroom Burgers with Fries		Y		B/W		Υ		Υ					Υ	
Spicy Diablo Burger with Fries		Y		B/W		Y		Υ				Υ	Y	

<sup>\*</sup>Cereal cont. Gluten.  $\mathbf{B}$  = Barley,  $\mathbf{W}$  = Wheat,  $\mathbf{R}$  = Rye,  $\mathbf{O}$  = Oats.  $\mathbf{M/C}$  = May contain.

















											•			
Legendary Burger Subs & Upgrades	Celery	Eggs	Fish	Cereal cont. Gluten	Lupin	Milk	Molluscs	Mustard	Peanuts	Sesame	Shellfish	Soy	Sulphur Dioxide	Tree Nuts
Sub Onion Rings				W				M/C				M/C		
Bacon														
Cheese & Bacon Fries		Y				Υ		Y						
<u>Sandwiches</u>	Celery	Eggs	Fish	Cereal cont. Gluten	Lupin	Milk	Molluscs	Mustard	Peanuts	Sesame	Shellfish	Soy	Sulphur Dioxide	Tree Nuts
Honey Mustard Grilled Chicken Sandwich	Υ	Υ		B/W		Υ		Υ					Υ	
BBQ Pulled Pork Sandwich	Υ	Y		B/W				Y				Y	Υ	
Crispy Chicken Sandwich		Y		B/W		Υ		Y						
Buffalo Crispy Chicken Sandwich		Υ		B/W		Υ		Υ					Υ	

<sup>\*</sup>Cereal cont. Gluten. **B** = Barley, **W** = Wheat, **R** = Rye, **O** = Oats. **M/C** = May contain.





<u>Sandwiches</u>	Celery	Eggs	Fish	Cereal cont. Gluten	Lupin	Milk	Molluscs	Mustard	Peanuts	Sesame	Shellfish	Soy	Sulphur Dioxide	Tree Nuts
Messi Chicken Sandwich		Y		B/W		Υ		Υ						

<sup>\*</sup>Cereal cont. Gluten. **B** = Barley, **W** = Wheat, **R** = Rye, **O** = Oats. **M/C** = May contain.





















		مم		' \							,			
<u>Salads</u>	Celery	Eggs	Fish	Cereal cont. Gluten	Lupin	Milk	Molluscs	Mustard	Peanuts	Sesame	Shellfish	Soy	Sulphur Dioxide	Tree Nuts
Caesar Salad		Y	Y	B/W		Υ		Υ	M/C				Y	M/C
Caesar Salad with Chicken		Y	Y	B/W		Υ		Υ	M/C				Υ	M/C
Caesar Salad with Beef		Y	Y	B/W		Y		Υ	M/C			Υ	Υ	M/C
Caesar Salad with Salmon		Y	Y	B/W		Υ		Υ	M/C				Υ	M/C
Cobb Salad	Υ	Y		W		Υ		Υ				M/C		
Cobb Salad with Chicken	Υ	Υ		W		Υ		Υ				M/C		
Cobb Salad with Beef	Υ	Υ		W		Υ		Υ				Y	Υ	
Cobb Salad with Salmon	Υ	Υ	Υ	W		Υ		Υ				M/C		

<sup>\*</sup>Cereal cont. Gluten. **B** = Barley, **W** = Wheat, **R** = Rye, **O** = Oats. **M/C** = May contain.





















		مم		' '								_		
<u>Salads</u>	Celery	Eggs	Fish	Cereal cont. Gluten	Lupin	Milk	Molluscs	Mustard	Peanuts	Sesame	Shellfish	Soy	Sulphur Dioxide	Tree Nuts
Asian Noodle Bowl				W						Υ		Υ	Υ	
Asian Noodle Bowl with Chicken				W						Υ		Y	Y	
Asian Noodle Bowl with Beef				W						Υ		Υ	Y	
Asian Noodle Bowl with Salmon			Y	W						Y		Y	Y	
Southwestern Bowl	Y	Y		M/C		Y		Y				M/C		
Southwestern Bowl with Chicken	Υ	Υ		M/C		Y		Y				M/C		
Southwestern Bowl with Beef	Υ	Υ		W		Y		Y				Y		
Southwestern Bowl with Salmon	Υ	Y	Υ	M/C		Υ		Y				M/C		

<sup>\*</sup>Cereal cont. Gluten. **B** = Barley, **W** = Wheat, **R** = Rye, **O** = Oats. **M/C** = May contain.





<u>Salads</u>	Celery	Eggs	Fish	Cereal cont. Gluten	Lupin	Milk	Molluscs	Mustard	Peanuts	Sesame	Shellfish	Soy	Sulphur Dioxide	Tree Nuts
Side Caesar Salad		Y	Υ	B/W		Υ		Υ	M/C				Y	M/C
Side House Salad (no dressing)				W		Υ								
Side Tomato Cucumber Salad				W						Y		Y	Y	

<sup>\*</sup>Cereal cont. Gluten.  $\mathbf{B}$  = Barley,  $\mathbf{W}$  = Wheat,  $\mathbf{R}$  = Rye,  $\mathbf{O}$  = Oats.  $\mathbf{M/C}$  = May contain.



















Salad Dressings & Fry Dips	Celery	Eggs	Fish	Cereal cont. Gluten	Lupin	Milk	Molluscs	Mustard	Peanuts	Sesame	Shellfish	Soy	Sulphur Dioxide	Tree Nuts
Blue Cheese Dressing		Y				Y		Y						
Caesar Dressing		Y	Υ	В		Y		Y	M/C				Υ	M/C
Honey Mustard Dressing		Y						Y					Υ	
Oil & Vinegar													Υ	
Sesame Soy Dressing				W						Y		Υ	Υ	
Legendary Sauce	Υ	Υ						Y						
Spicy Mayonnaise		Υ						Y				Υ	Υ	
Dijonnaise		Υ						Y						
Herb Aioli		Υ						Y						

<sup>\*</sup>Cereal cont. Gluten.  $\mathbf{B}$  = Barley,  $\mathbf{W}$  = Wheat,  $\mathbf{R}$  = Rye,  $\mathbf{O}$  = Oats.  $\mathbf{M/C}$  = May contain.

















											)			
Salad Dressings & Fry Dips	Celery	Eggs	Fish	Cereal cont. Gluten	Lupin	Milk	Molluscs	Mustard	Peanuts	Sesame	Shellfish	Soy	Sulphur Dioxide	Tree Nuts
Buffalo Sauce													Υ	
Signature BBQ Sauce	Υ							Υ					Υ	
Garlic Aioli		Y						Υ						
Ranch Dressing		Υ				Υ		Υ						
Guacamole Ranch Dressing	Υ	Υ				Υ		Υ				Υ	Υ	

<sup>\*</sup>Cereal cont. Gluten. **B** = Barley, **W** = Wheat, **R** = Rye, **O** = Oats. **M/C** = May contain.



















		and		/ /							)			- Salin
<b>Speciality Entrees</b>	Celery	Eggs	Fish	Cereal cont. Gluten	Lupin	Milk	Molluscs	Mustard	Peanuts	Sesame	Shellfish	Soy	Sulphur Dioxide	Tree Nuts
Hickory Smoked Ribs	Y	Y						Y				M/C	Y	
NY Strip Steak						Y							Υ	
Famous Chicken Fajitas (with set)				W		Y						Υ	Y	
Famous Beef Fajitas (with set)				W		Y						Υ	Y	
Famous Vegetable Fajitas (with Set)				W		Y						Υ	Y	
Twisted Mac, Chicken and Cheese				W		Y		Υ					Y	
BBQ Chicken	Y	Y						Y					Y	
Smokehouse BBQ Duo – Ribs & Chick	Y	Y						Y				M/C	Υ	
Smokehouse BBQ Duo – Chick & Pork	Y	Y		W				Y					Y	
Smokehouse BBQ Duo – Ribs & Pork	Y	Y		W				Υ				M/C	Y	
Smokehouse Trio Combo	Y	Y		W				Y				M/C	Y	
Cedar Plank Salmon			Υ			Y		Y				Υ	Υ	

<sup>\*</sup>Cereal cont. Gluten. **B** = Barley, **W** = Wheat, **R** = Rye, **O** = Oats. **M/C** = May contain.





Speciality Entrees	Celery	Eggs	Fish	Cereal cont. Gluten	Lupin	Milk	Molluscs	Mustard	Peanuts	Sesame	Shellfish	Soy	Sulphur Dioxide	Tree Nuts
Tupelo Chicken Tenders	Y	Y		W		Y		Y					Y	

<sup>\*</sup>Cereal cont. Gluten. **B** = Barley, **W** = Wheat, **R** = Rye, **O** = Oats. **M/C** = May contain.



















Subs & Side Items	Celery	Eggs	Fish	Cereal cont. Gluten	Lupin	Milk	Molluscs	Mustard	Peanuts	Sesame	Shellfish	Soy	Sulphur Dioxide	Tree Nuts
Sub House Salad (no dressing)				W		Υ								
Sub Caesar Salad		Y	Υ	B/W		Υ		Υ	M/C				Y	M/C
Side Twisted Mac and Cheese				W		Υ		Υ					Y	
Breaded Onion Ring (side)	Υ	Y		W		Υ		Υ				M/C	Y	
Seasoned French Fries														
Side Golden Mashed Potatoes						Υ								
Side Guacamole														
Side Cheese & Bacon Fries		Y				Υ		Υ						
Tomato Cucumber Salad				W						Y		Y	Υ	
Fresh Seasonal Vegetables						Υ							Y	

<sup>\*</sup>Cereal cont. Gluten. **B** = Barley, **W** = Wheat, **R** = Rye, **O** = Oats. **M/C** = May contain.























		an		' \							_			-
<u>Kids Meals</u>	Celery	Eggs	Fish	Cereal cont. Gluten	Lupin	Milk	Molluscs	Mustard	Peanuts	Sesame	Shellfish	Soy	Sulphur Dioxide	Tree Nuts
Messi Kids Golden Chicken Sandwich	Υ	Y		B/W		Y		Y						
Messi Kids Golden Vegetarian Chicken Sandwich	Υ	Υ		B/W		Υ		Υ				Υ		
Messi X Kids Cheeseburger	Υ	Y		B/W		Υ		Υ						
Messi X Vegetarian Kids Cheeseburger	Υ			B/W		Υ		Υ				Υ		
Kids Hot Dog	Υ			W		Υ						Υ		
Kids Bacon Cheeseburger	Υ			B/W		Υ								
Kids Chicken Breast	Υ					Υ								
Kids Vegetarian Grilled Chicken Breast	Υ			W		Υ							Y	
Kids Mac and Cheese				W		Y		Y						
Kids Cavatappi Pasta				W		Υ								
Kids Chicken Salad	Y					Y								
Kids Vegetarian Chicken Salad				W		Υ								

<sup>\*</sup>Cereal cont. Gluten  $\mathbf{R} = \text{Barley } \mathbf{W} = \text{Wheat. } \mathbf{R} = \text{Rye. } \mathbf{O} = \text{Oats. } \mathbf{M/C} = \text{May contain.}$ 























		<u></u>		•										
<u>Kids Meals</u>	Celery	Eggs	Fish	Cereal cont. Gluten	Lupin	Milk	Molluscs	Mustard	Peanuts	Sesame	Shellfish	Soy	Sulphur Dioxide	Tree Nuts
Kids Chicken Tenders	Υ	Υ		W		Υ		Υ					Υ	
Kids Vegetarian Chicken Tenders	Υ	Υ		W		Υ		Υ					Υ	
Seasonal Vegetables						Υ							Υ	
Fresh Fruit														
Golden Mashed Potatoes						Υ								
Fries														
Hot Fudge Sundae		Υ				Υ						M/C	Υ	M/C
Kids Thick Chocolate Shake		Υ				Υ						Υ		M/C
Kids Thick Vanilla Shake		Υ				Υ								M/C
Cola Float		Υ				Υ							Υ	M/C
Kids Pizza				W		Υ								
Kids Pepperoni Pizza				W		Υ								

<sup>\*</sup>Cereal cont. Gluten  $\mathbf{R} = \text{Barley } \mathbf{W} = \text{Wheat. } \mathbf{R} = \text{Rye. } \mathbf{O} = \text{Oats. } \mathbf{M/C} = \text{May contain.}$ 



















Desserts & Beverages	Celery	Eggs	Fish	Cereal cont. Gluten	Lupin	Milk	Molluscs	Mustard	Peanuts	Sesame	Shellfish	Soy	Sulphur Dioxide	Tree Nuts
Hot Fudge Brownie		Υ		W		Υ						M/C	Υ	M/C
Apple Cobbler		Υ		W		Υ							Y	M/C
Hot Fudge Sundae		Υ				Υ						M/C	Y	M/C
Ice Cream, Chocolate		Υ				Υ						Y		M/C
Ice Cream, Vanilla		Υ				Υ								M/C
Classic Cheesecake (Strawberry)		Υ		O/W		Υ			M/C			Υ		M/C
Chocolate Shake		Υ				Υ						Υ	Υ	M/C
Vanilla Shake		Υ				Υ							Y	M/C
Cappuccino						Υ								
Espresso														
Latte						Υ								

<sup>\*</sup>Cereal cont. Gluten. **B** = Barley, **W** = Wheat, **R** = Rye, **O** = Oats. **M/C** = May contain.



















		and		/ /										
Signature Cocktails	Celery	Eggs	Fish	Cereal cont. Gluten	Lupin	Milk	Molluscs	Mustard	Peanuts	Sesame	Shellfish	Soy	Sulphur Dioxide	Tree Nuts
Hurricane													Υ	
Classic Caribbean Mojito													M/C	
Passion Fruit Mai Tai													M/C	Α
Rhythm & Rose Mule													Y	
Bahama Mama													Υ	С

<sup>\*</sup>Cereal cont. Gluten. **B** = Barley, **W** = Wheat, **R** = Rye, **O** = Oats. **M/C** = May contain. **A** = Almond. **C** = Coconut



















		مم		, ,										
Classic Cocktails	Celery	Eggs	Fish	Cereal cont. Gluten	Lupin	Milk	Molluscs	Mustard	Peanuts	Sesame	Shellfish	Soy	Sulphur Dioxide	Tree Nuts
Smoked Old Fashioned													Y	
Paloma													M/C	
Dirty Martini													M/C	
Cosmopolitan													M/C	
Whiskey Sour		Y											Y	
Gin & Tonic													M/C	
Espresso Martini													Y	
Manhattan													Y	

<sup>\*</sup>Cereal cont. Gluten. **B** = Barley, **W** = Wheat, **R** = Rye, **O** = Oats. **M/C** = May contain. **A** = Almond. **C** = Coconut





















		and		, \										
<u>Jam Sessions</u>	Celery	Eggs	Fish	Cereal cont. Gluten	Lupin	Milk	Molluscs	Mustard	Peanuts	Sesame	Shellfish	Soy	Sulphur Dioxide	Tree Nuts
Southern Rock													M/C	
Rockin' Fresh Rita	Υ					M/C		Υ				M/C	M/C	
Tropical Margarita													M/C	
Electric Blues													M/C	
Black Berry Sangria													Υ	
Purple Haze													M/C	
Ultimate Long Island Iced Tea				M/C									M/C	

<sup>\*</sup>Cereal cont. Gluten. **B** = Barley, **W** = Wheat, **R** = Rye, **O** = Oats. **M/C** = May contain. **A** = Almond. **C** = Coconut



















			۵		, ,										
	<u>Shots</u>	Celery	Eggs	Fish	Cereal cont. Gluten	Lupin	Milk	Molluscs	Mustard	Peanuts	Sesame	Shellfish	Soy	Sulphur Dioxide	Tree Nuts
B52							Y							Y	
Green Tea														M/C	
Cran-A-Kaze														M/C	
Lemon Drop														M/C	
Bubblegum							Y							Y	

<sup>\*</sup>Cereal cont. Gluten. **B** = Barley, **W** = Wheat, **R** = Rye, **O** = Oats. **M/C** = May contain. **A** = Almond. **C** = Coconut



















		مم		, ,										
Alternative Rock	Celery	Eggs	Fish	Cereal cont. Gluten	Lupin	Milk	Molluscs	Mustard	Peanuts	Sesame	Shellfish	Soy	Sulphur Dioxide	Tree Nuts
Strawberry Basil Lemonade														
Mango Tango														
Mango-Berry Cooler														

<sup>\*</sup>Cereal cont. Gluten. **B** = Barley, **W** = Wheat, **R** = Rye, **O** = Oats. **M/C** = May contain. **A** = Almond. **C** = Coconut



















		and		/ /										- Gar
<u>Beer</u>	Celery	Eggs	Fish	Cereal cont. Gluten	Lupin	Milk	Molluscs	Mustard	Peanuts	Sesame	Shellfish	Soy	Sulphur Dioxide	Tree Nuts
Draught – Nastro Azzurro				В										
Draught – Peroni Red				В										
Draught – Peroni Gran Riserva				В										
Draught – Peroni Bianca				В										
Bottle – Nastro Azzurro				В										
Bottle – Budweiser				В										
Bottle – Peroni (Gluten Free)														
Bottle – Pilsner Urquell				В										
Bottle – Corona Extra				В										
Bottle – Tourtel (Alcohol Free)				В										
Bottle – Flea Indian Pale Ale				В										

<sup>\*</sup>Cereal cont. Gluten. **B** = Barley, **W** = Wheat, **R** = Rye, **O** = Oats. **M/C** = May contain. **A** = Almond. **C** = Coconut



















		مم		, ,							_			
<u>Beer</u>	Celery	Eggs	Fish	Cereal cont. Gluten	Lupin	Milk	Molluscs	Mustard	Peanuts	Sesame	Shellfish	Soy	Sulphur Dioxide	Tree Nuts
Bottle – Flea Indian Pale Ale Red				В										

<sup>\*</sup>Cereal cont. Gluten. **B** = Barley, **W** = Wheat, **R** = Rye, **O** = Oats. **M/C** = May contain. **A** = Almond. **C** = Coconut

















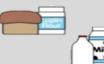


	_	and		/ /										
<u>Wine</u>	Celery	Eggs	Fish	Cereal cont. Gluten	Lupin	Milk	Molluscs	Mustard	Peanuts	Sesame	Shellfish	Soy	Sulphur Dioxide	Tree Nuts
Bubbly														
Prosecco DOC													Y	
Piccini Venetian Dress Prosecco Rose' Millesimato													Υ	
Champagne MUMM													Υ	
White Wines														
House White													Υ	
Chardonnay IGT Donna di Valiano													Y	
Piccini Collezione Oro Orvieto Classico													Y	
Piccini Costa Toscana Vermentino Biologico													Υ	
Pinot Grigio Toblino "BIO"													Υ	

<sup>\*</sup>Cereal cont. Gluten. **B** = Barley, **W** = Wheat, **R** = Rye, **O** = Oats. **M/C** = May contain. **A** = Almond. **C** = Coconut



















		مما		′ \							_			
<u>Wine</u>	Celery	Eggs	Fish	Cereal cont. Gluten	Lupin	Milk	Molluscs	Mustard	Peanuts	Sesame	Shellfish	Soy	Sulphur Dioxide	Tree Nuts
Red Wines														
House Red													Y	
Piccini Costa Toscana Rosso Biologico													Υ	
Chianti Riserva Collection Oro													Y	
Pinot Noir (Naturalys) IGP Pays D'Oc													Y	
Syrah (Naturalys) IGP Pays D'Oc													Υ	
Montepulciano DOCG Il Cavalierino "BIO"													Υ	
Poggio Roveto Bolgheri													Y	
Brunello di Montalcino Piccini													Υ	
Tignanello Cantina Antinori													Y	

<sup>\*</sup>Cereal cont. Gluten. **B** = Barley, **W** = Wheat, **R** = Rye, **O** = Oats. **M/C** = May contain. **A** = Almond. **C** = Coconut



















			EVERT	No.		Milk		MUSTARO			T	68		
Mino	Coloma	Гаас	<b>Figh</b>	Cereal	Lunin	N // : 11 /	Mallugas	Mustand	Descrite	Cocomo	Challfigh	Sov	Sulphur	Tree

<u>Wine</u>	Celery	Eggs	Fish	Cereal cont. Gluten	Lupin	Milk	Molluscs	Mustard	Peanuts	Sesame	Shellfish	Soy	Sulphur Dioxide	Tree Nuts
Rose' Wines														
Piccini Costa Toscana Rosato Biologico													Y	
Hampton Water Rose'													Y	

<sup>\*</sup>Cereal cont. Gluten. **B** = Barley, **W** = Wheat, **R** = Rye, **O** = Oats. **M/C** = May contain. **A** = Almond. **C** = Coconut



















		٠		, ,										
<u>Coffee Drinks</u>	Celery	Eggs	Fish	Cereal cont. Gluten	Lupin	Milk	Molluscs	Mustard	Peanuts	Sesame	Shellfish	Soy	Sulphur Dioxide	Tree Nuts
Irish Kiss						Υ							Y	
Baileys Irish Coffee						Υ							Y	
Irish Coffee						Υ							Y	
Kahlua Coffee						Υ							Y	

<sup>\*</sup>Cereal cont. Gluten. **B** = Barley, **W** = Wheat, **R** = Rye, **O** = Oats. **M/C** = May contain. **A** = Almond. **C** = Coconut



















		and		, ,										
<u>Breakfast</u>	Celery	Eggs	Fish	Cereal cont. Gluten	Lupin	Milk	Molluscs	Mustard	Peanuts	Sesame	Shellfish	Soy	Sulphur Dioxide	Tree Nuts
Berries & Granola Pot				W		Y								
Pancake		Υ		W/B		Υ								
Pancake with berries and whipped cream		Y		W/B		Y							M/C	
Poached Egg, Avocado & Toast		Y		W									Y	
Waffles & Berries		Y		W/B		Υ						Y	M/C	
Waffles & Chicken and bacon		Y		W/B		Υ						Y	M/C	
Smoked Salmon Bagel			Υ	W/B		Y						Y	M/C	
Bagel with spinach and poached egg		Y		W/B								Y		
Fried pork Belly with crushed tomato and toast				W										
French Toast		Y		W		Y							Y	
Full English Breakfast		Υ		W		Υ								

<sup>\*</sup>Cereal cont. Gluten. **B** = Barley, **W** = Wheat, **R** = Rye, **O** = Oats. **M/C** = May contain. **A** = Almond. **C** = Coconut



















<u>Breakfast</u>	Celery	Eggs	Fish	Cereal cont. Gluten	Lupin	Milk	Molluscs	Mustard	Peanuts	Sesame	Shellfish	Soy	Sulphur Dioxide	Tree Nuts
Vegan Full English Breakfast				W										
Kid's English Breakfast		Y		W		Y								
Kid's Pancake		Y		W/B		Y								
Kid's Chicken & Waffles		Y		W/B		Y						Y		
Croissant Plain		Y		W	M/C	Y			M/C	M/C		Υ		M/C
Croissant Chocolate		Y		W	M/C	Y			M/C	M/C		Y		Y
Pain au Chocolate		M/C		W		Y			M/C			Y		M/C

<sup>\*</sup>Cereal cont. Gluten. **B** = Barley, **W** = Wheat, **R** = Rye, **O** = Oats. **M/C** = May contain. **A** = Almond. **C** = Coconut



















<u>LTO – FRESH BEATS</u>	Celery	Eggs	Fish	Cereal cont. Gluten	Lupin	Milk	Molluscs	Mustard	Peanuts	Sesame	Shellfish	Soy	Sulphur Dioxide	Tree Nuts
Medieterranean Chicken Pita	M/C	Y	M/C	W		Y	M/C	Y	M/C	M/C	M/C	Y	M/C	M/C
Patty Melt Smash Burger	Υ	Υ		W		Υ		Υ						
Wings Star Dust	Υ	Y				Υ		Y				M/C	Y	
Wings Korean Gochujang	Υ	Υ		M/C		Υ		Υ		Υ		Υ	Y	
Empress Hawaian													M/C	
Chili Lime Pineapple													M/C	

<sup>\*</sup>Cereal cont. Gluten. **B** = Barley, **W** = Wheat, **R** = Rye, **O** = Oats. **M/C** = May contain. **A** = Almond. **C** = Coconut