Hard Rock Cafe Menu Allergen Information

Allergy data detailed in the table has been derived from specifications obtained from the suppliers of the products.

Please ensure your server is informed of your allergy at time of order to ensure every precaution can be taken in our kitchen to prevent cross contamination.

Please note that due to the nature of cooking our deep fried products cannot be guaranteed to be free from cross contamination with other allergens.

If you are unsure which of our products go through the deep fryer please ask a member of our staff.

Updated February 2024

Hard Rock Cafe Menu Analysis Book

IWM 2024	Celery	Egg	Fish	Cereal including Gluten	Lupin	Milk	Molluscs	Mustard	Peanuts	Sesame Seeds	Shellfish	Soy	Sulphur Dioxide	Tree Nuts
Berry Salad	N	Y	N	N	N	Y	N	Y	N	N	N	N	Y	Y
Spring Mix Lettuce (need)	N	N	N	N	N	N	N	N	N	N	N	N	N	N
Balsamic Vinaigrette	N	N	N	N	N	N	N	Y	N	N	N	N	Y	N
Fresh Strawberries-Quartered	N	N	N	N	N	N	N	N	N	N	N	N	N	N
Fresh Blueberries	N	N	N	N	N	N	N	N	N	N	N	N	N	N
Candied Almonds-Chopped	N	Y	N	N	N	N	N	N	N	N	N	N	N	Y
Goat Cheese-Crumbled	N	N	N	N	N	Y	N	N	N	N	N	N	N	N
Toasted Coconut Flakes	N	N	N	N	N	N	N	N	N	N	N	N	N	Y
Spring Pasta	N	N	N	Y - W	N	Y	N	N	N	N	N	N	N	N
Pasta Radiatori	N	N	N	Y - W	N	N	N	N	N	N	N	N	N	N
Onion Sauce	N	N	N	Y - W	N	Y	N	N	N	N	N	N	N	N
Blanched Asparagus- Bias Cut 1.5" Pieces	N	N	N	N	N	N	N	N	N	N	N	N	N	N
Blanched Zucchini Squash- Cut 1/8" Thick	N	N	N	N	N	N	N	N	N	N	N	N	N	N
Spring Peas	N	N	N	N	N	N	N	N	N	N	N	N	N	N
Arugula	N	N	N	N	N	N	N	N	N	N	N	N	N	N
Green Onion Bottoms 1/8" Slice	N	N	N	N	N	N	N	N	N	N	N	N	N	N
Parmesan Shaved	N	N	N	N	N	Y	N	N	N	N	N	N	N	N
Mahi Sandwich	Y	Y	Y	Y - W	N	Y	N	Y	N	N	N	N	Y	N
Hamburger Bun	N	Y	N	Y - W	N	Y	N	N	N	N	N	N	N	N
Salt & Pepper Mix	N	N	N	N	N	N	N	N	N	N	N	N	N	N
6oz Mahi Filet	N	N	Y	N	N	N	N	N	N	N	N	N	N	N
Cajun Seasoning	N	N	N	N	N	N	N	N	N	N	N	N	N	N
Compound Butter	Y	N	N	N	N	N	N	N	N	N	N	N	N	N
Remoulade	N	Y	N	N	N	Y	N	Y	N	N	N	N	Y	N
Leaf Lettuce	N	N	N	N	N	N	N	N	N	N	N	N	N	N
Tomato Sliced	N	N	N	N	N	N	N	N	N	N	N	N	N	N
Seasoned Shoestring Onions	N	N	N	Y - W	N	N	N	N	N	N	N	N	N	N
French Fries	N	N	N	N	N	N	N	N	N	N	N	N	N	N
Coconut Almond Sundae	N	Y	N	Y - W	N	Y	N	N	N	N	N	N	M/C	Y
Ice Cream, Vanilla	N	Y	N	N	N	Y	N	N	N	N	N	N	N	M/C
Marble Cake, Slice	N	Y	N	Y - W	N	Y	N	N	N	N	N	N	M/C	N
Candied Almonds, Chopped	N	Y	N	N	N	N	N	N	N	N	N	N	N	Y
Topping, Chocolate, Hot Fudge	N	N	N	N	N	Y	N	N	N	N	N	N	M/C	N
Toasted Coconut Flakes	N	N	N	N	N	N	N	N	N	N	N	N	N	Y

Run the World	N	Y	N	N	N	N	N	N	N	N	N	N	Y	N
1.50 oz. Hendrick's Gin	N	N	N	N	N	N	N	N	N	N	N	N	N	N
2.00 oz. Fresh lemon juice	N	N	N	N	N	N	N	N	N	N	N	N	N	N
Egg Whites (or alternative foamer)	N	Y	N	N	N	N	N	N	N	N	N	N	N	N
Monin Guava syrup	N	N	N	N	N	N	N	N	N	N	N	N	N	N
Luxardo Cherries	N	N	N	N	N	N	N	N	N	N	N	N	Y	N
Pinot Noir (or light bodied red wine)	N	N	N	N	N	N	N	N	N	N	N	N	Y	N
Cherry Bitters	N	N	N	N	N	N	N	N	N	N	N	N	M/C	N

Pink Lace Margarita	N	N	N	N	N	N	N	N	N	N	N	N	N	Y
Jose Cuervo White Tequila	N	N	N	N	N	N	N	N	N	N	N	N	N	N
Mezcal (local)	N	N	N	N	N	N	N	N	N	N	N	N	N	N
Fresh lime wedges	N	N	N	N	N	N	N	N	N	N	N	N	N	N
Real Crème of Coconut	N	N	N	N	N	N	N	N	N	N	N	N	N	M/C
Monin Guava syrup	N	N	N	N	N	N	N	N	N	N	N	N	N	N
Fresh lime juice	N	N	N	N	N	N	N	N	N	N	N	N	N	N
Toasted Coconut	N	N	N	N	N	N	N	N	N	N	N	N	N	Y
Grenadine	N	N	N	N	N	N	N	N	N	N	N	N	N	N